WHY SERVE WITH NATIONAL MENTAL HEALTH CORPS?

BIG BEND AHEC
AREA HEALTH EDUCATION CENTER

NAMI
National Alliance on Mental Illness
Tallahassee

1 CREATING CHANGE

By joining National Mental Health Corps at Big Bend AHEC and NAMI Tallahassee, you'll help strengthen mental health awareness and support throughout the community. Through mental health education, outreach, and community programming, you'll help connect people with resources and promote a healthier, more informed community.

2 COMMUNITY ENGAGEMENT

Take an active role in the Tallahassee community by supporting mental health trainings, community events, outreach initiatives, and educational programs. You'll help bring valuable mental health information and resources directly to community members, organizations, and professionals.

3 PROFESSIONAL DEVELOPMENT

Gain hands-on experience in mental health education, community outreach, program development, and public health. Through NMHC training and your service with Big Bend AHEC and NAMI Tallahassee, you'll develop valuable skills that can support your future career in behavioral health, healthcare, social services, education, or related fields.

4 BUILDING CONNECTIONS

Connect with mental health professionals, healthcare providers, educators, community organizations, and individuals who share a commitment to improving mental health. Build meaningful professional relationships while becoming an active and valued part of the Tallahassee community.

5 MENTAL HEALTH EDUCATION

Help provide community members with the knowledge and tools they need to better understand mental health. Through Mental Health First Aid and other educational opportunities, you'll help individuals recognize signs of mental health and substance use challenges, respond with confidence, and connect others with appropriate resources.

6 SUPPORTING THE COMMUNITY

Your service will help strengthen local mental health initiatives and expand access to education, resources, and support. From community trainings and presentations to NAMI programming and outreach events, your work can help create meaningful and lasting change.

7 PERSONAL GROWTH

Serving with Big Bend AHEC and NAMI Tallahassee provides opportunities to grow as a leader, educator, and community advocate. You'll gain confidence working with diverse groups of people while developing a deeper understanding of mental health and the needs of the community.

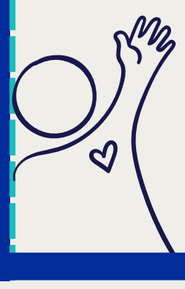
8 RAISING AWARENESS

Help reduce stigma and encourage open conversations about mental health. Through education, outreach, and community engagement, you'll help raise awareness of mental health challenges and connect individuals and families with resources and support.

9 MAKING A DIFFERENCE

Every training, presentation, and community connection can make a difference. As an NMHC AmeriCorps Member, you'll have the opportunity to educate others, strengthen community connections, and help make mental health support more

10 SENSE OF PURPOSE



Serving with Big Bend AHEC and NAMI Tallahassee means being part of something bigger than yourself. You'll spend your service term helping strengthen the local mental health workforce, expanding mental health education, and contributing to a healthier, more connected community.

Your next adventure starts here!

APPLY TO SERVE TODAY!